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Public Health

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## GET YOUR FLU SHOT AT THE AMERICAN LEGION FAIRGROUNDS ON SATURDAY, OCTOBER 20...WITHOUT EVEN GETTING OUT OF YOUR CAR!!!

Catawba County Public Health will offer a drive-through flu shot clinic to the general public on Saturday, October 20, 2007, from 8am-12noon, at the American Legion Fairgrounds, located on Highway 70 between Hickory and Conover. You don't even have to get out of your car to get your flu shot! Medicaid and Medicare Part B insurance will cover flu shots. Bring your card with you! For anyone who does not have Medicaid or Medicare Part B coverage, flu shots will be available for \$23 and may be paid for by CASH and CHECK ONLY.

Healthy children 5 years of age and older and all adults are welcome to take advantage of the drive through flu clinic. Children 6 months to 18 years with high risk conditions such as diabetes, lung and heart conditions, and asthma may call Catawba County Public Health to make an appointment for a flu vaccination.

In general, anyone who wants to reduce his or her chances of getting the flu should consider getting vaccinated. However, certain people should get vaccinated each year, including those who are at high risk of having serious flu complications or people who live with or care for those at high risk for serious complications.

People who should get vaccinated each year include:

- People 50 years old and older;
- People who live in nursing homes and other long-term care facilities that house those with long-term illnesses;
- People who have household contact with infants or children ages 0 to 5 years of age, or are out of home caregivers for children in that age group.
- Adults with chronic heart or lung conditions, including asthma;
- Adults who need regular medical care or were in a hospital during the previous year because of a
  metabolic disease (like diabetes), chronic kidney disease, or weakened immune system;
- Women who will be pregnant during the influenza season;
- All healthcare personnel;
- People with any condition that can compromise respiratory conditions.

For more information, contact Catawba County Public Health at 828-695-5800 or visit the public health website at <a href="www.catawbacountync.gov/phealth">www.catawbacountync.gov/phealth</a> or the National Immunization Program's website at <a href="www.cdc.gov/nip/flu/">www.cdc.gov/nip/flu/</a>.

